



COVID-19 in Long-term and Residential Care Settings Kansas – April 29, 2020



Healthcare-Associated Infections & Antimicrobial Resistance Program

Bryna Stacey, MPH, BSN, RN, CIC HAIR/AR Program Director

Robert Geist, MPH, CIC, FAPIC HAI Advanced Epidemiologist

Justin Blanding, MPH AR Advanced Epidemiologist

Kellie Wark, MD, MPH AR/AS Expert



Kara M. Jacobs Slifka, MD, MPH

Long-term Care Team | Prevention & Response Branch

Division of Healthcare Quality Promotion



COUGH

nsas COVID-19 in Long-term and Residential Care Settings



"CO" stands for "corona"

"VI" stands for "virus"

"D" stands for "disease"

"19" refers to 2019

COVID-19

Caused by SARS-CoV-2, a type of virus called a "coronavirus"



- Person-to-person is the main way the virus spreads
- Contact with infected surfaces or objects
- COVID-19 is a new disease and we are still learning how it spreads



Older Adults at Risk for COVID-19

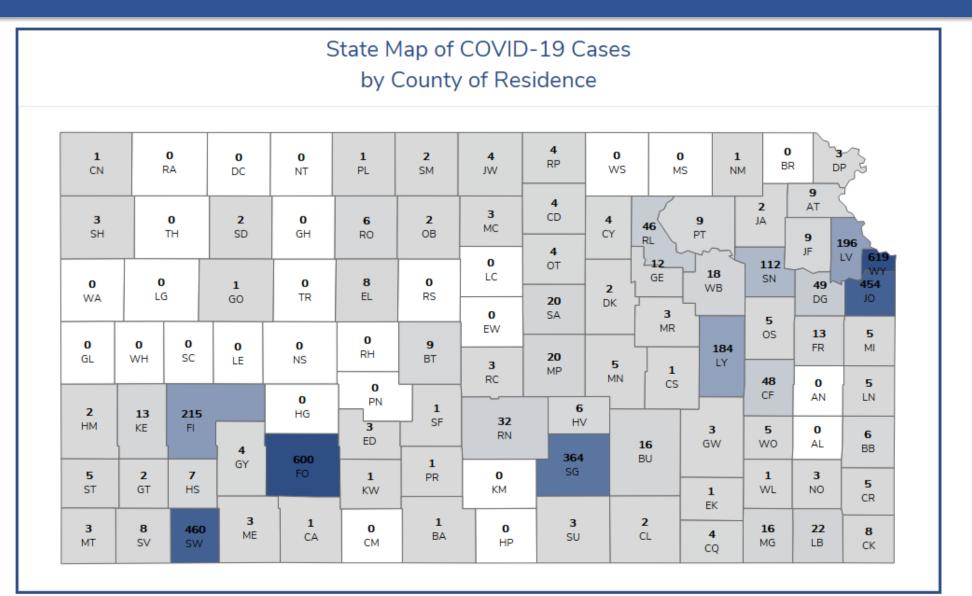
10-27% in persons aged 85 years or older





COVID-19 Spreads Easily in Long-term Care Facilities Aggressive Action Needed to Protect Residents







Facility	Cases	Hospitalizations	Deaths
Long Term Care	2	0	0
Long Term Care	61	12	2
Long Term Care	59	15	7
Long Term Care	6	2	1
Long Term Care	2	0	0
Long Term Care	2	2	1
Long Term Care	10	7	3
Long Term Care	5	0	3
Long Term Care	28	6	6
Long Term Care	20	10	2
Long Term Care	4	0	0
Long Term Care	24	6	7
Long Term Care	15	2	4
Long Term Care	138	38	29
Long Term Care	7	4	2
Long Term Care	11	2	1
Long Term Care	20	4	1
Long Term Care	8	5	0
Group Living	13	3	0
Group Living	15	1	0
Totals	450	119	69

Outbreaks

LTCFs = 18

Residential Care = 2

Counties involved = Barton, Butler, Clay, Coffey, Crawford, Greenwood, Jefferson, Jewell, Johnson, Labette, Leavenworth, Lyon, McPherson, Osage, Sedgwick, Shawnee, Woodson, Wyandotte

LTC/Group Living	Cases	Hospitalizations	Deaths
Totals	450	119	69

Outbreaks

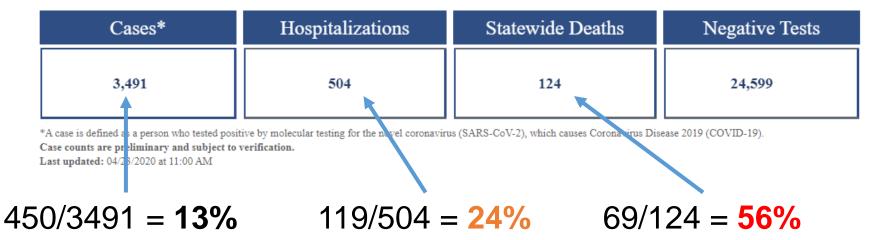
and Environment

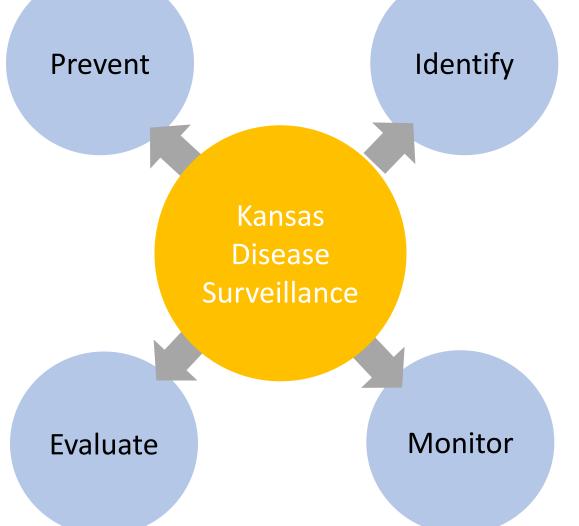
LTCFs = 18

Residential Care = 2



KS Coronavirus Disease 2019 (COVID-19) Case Summary



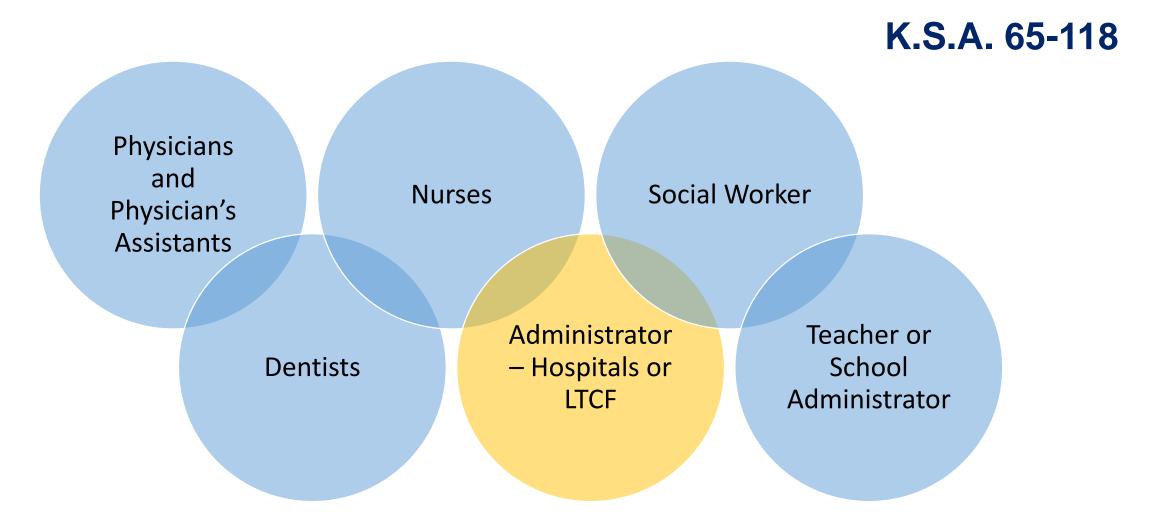


Reportable diseases are those considered to be of great public health importance

Local, state, and national agencies require that such diseases be reported

Allows identification of trends in disease occurrence and outbreaks







https://www.kdheks.gov/epi/disease_reporting.html

https://www.kdheks.gov/epi/regulations.htm

REPORTABLE DISEASES IN KANSAS

(K.S.A. 65-118, 65-128, 65-6001 - 65-6007, K.A.R. 28-1-2, 28-1-4, and 28-1-18. Changes effective as of 5/11/2018)

For <u>4-hour reportable diseases</u> report to the KDHE Epidemiology Hotline: 877-427-7317. For <u>all</u> <u>other reportable diseases</u> fax a Kansas Reportable Disease Form and any lab results to your local health department or to KDHE: 877-427-7318 within 24 hours or by the next business day.

Acute flaccid myelitis <u>Anthrax</u> [@] Anaplasmosis Arboviral disease, neuroinvasive and nonneuroinvasive

(including chikungunya virus, dengue virus, La Crosse, West Nile virus, and Zika virus) Rabesiosis Blood lead levels (any results) Botulism 🕾 Brucellosis Campylobacteriosis Candida auris 🗹 Carbapenem-resistant bacterial infection or colonization @ Carbon monoxide poisoning Chancroid Chickenpox (varicella) Chlamvdia trachomatis infection Cholera 🕾 Coccidioidomycosis Cryptosporidiosis Cyclosporiasis Diphtheria[®] Ehrlichiosis Giardiasis Gonorrhea (include antibiotic susceptibility results, if performed) Haemophilus influenzae, invasive disease 🗹 Hansen's disease (leprosy) Hantavirus Hemolytic uremic syndrome, post-diarrheal Hepatitis, viral (A, B, C, D, and E, acute and chronic) Hepatitis B during pregnancy Hepatitis B in children <5 years of age (report all positive, negative, and inconclusive lab results) Histoplasmosis Human Immunodeficiency Virus (HIV) (Report the CD4+ T-lymphocyte cell counts, report viral load of any value, and report each pregnancy of women diagnosed with HIV)

Influenza deaths in children <18 years of age

Leptospirosis

Salmonellosis, including typhoid fever Severe Acute Respiratory Syndrome-associated coronavirus (SARS-CoV) Shiga toxin-producing Escherichia coli (STEC) Shiga toxin-producing Escherichia coli (STEC) Smallpox Spotted fever rickettsiosis Streptococcus pneumoniae, invasive disease Syphilis, all stages, including congenital syphilis Tetanus Troxic shock syndrome, streptococcal and other Transmissable spongioform encephalopathy (TSE) or prion disease Trichinellosis or trichinosis Tuberculosis, active disease Set

Q Fever (Coxiella burnetii, acute and chronic)

Influenza, novel A virus infection 🚍

Legionellosis

Listeriosis 🗹

Lyme disease

Mumps 🕾

Poliovirus 🕾

Rabies, human 🕾

Rabies, animal

Rubella 🕾

Psittacosis

Measles (rubeola) 🕾 Meningococcal disease 💷 🕾

Pertussis (whooping cough)

Plague (Yersinia pestis) 🕾

Malaria

Tuberculosis, latent infection Tularemia, including laboratory exposures Vaccinia, post vaccination infection or secondary transmission

Vancomycin-intermediate and resistant Staphylococcus aureus (VISA and VRSA) Vibriosis (all cholerae and non-cholerae Vibrio species) む

Viral hemorrhagic fevers Service Yellow fever

Outbreaks, unusual occurrence of any disease, exotic or newly recognized diseases, suspect acts of terrorism, and unexplained deaths due to an unidentified infectious agent should be <u>reported within 4 hours</u> by telephone to the Epidemiology Hotline: <u>877-427-7317</u>

Indicates that a telephone report is required by law within four hours of <u>suspect or confirmed</u> cases to KDHE toll-free at 877-427-7317

D - Indicates that bacterial isolate, original clinical specimen, or nucleic acid must be sent to: Division of Health and Environmental Laboratories, 6810 SW Dwight St, Topeka, KS 66620-0001 Phone: (785) 296-1620



4 hours by telephone for suspect and confirmed:

- Anthrax
- Botulism
- Cholera
- Diphtheria
- Novel Influenza A infection
- Measles
- Meningococcal disease
- Mumps
- Plague
- Poliovirus
- Human Rabies
- Rubella
- SARS-CoV
- Smallpox
- Tetanus

- Active Tuberculosis
- Vaccinia
- Viral Hemorrhagic Fevers
- Clusters, Outbreaks, Epidemics
- Unusual occurrence of any disease
- Exotic or newly
 recognized disease

Due to large call volume being experienced during this pandemic, we are requesting reports of suspect and confirmed COVID-19 via fax to the KDHE Epidemiology Hotline 877-427-7318



Kansas Department of Health and Environment	Healthcare Providers	Newsroom	How Do I	
LATEST UPDATEWatch the COVID-19 Weekday Press Conferences — Want to know the latest news about COVID- Lee Norman, M.D. joins Governor Laura Kelly's weekday press conferences at 2 pm (CST) on Monday, (subject to change). Watch it live on Facebook or later on Vimeo. Read on				
Home	Feature Links › Long-Term Care			
Resources for Healthcare Providers	Long-Term Care Faci	lities		
How to protect yourself and others				
What to do if you think you're sick	Toolkit	Recurs	os en español	

https://www.coronavirus.kdheks.gov/237/Long-Term-Care



	Long-term Care	Fac	ility COVID-19 Readiness Self-Assessment Checklist		
		Vi	sitor and non-essential personnel restriction		
	Suspend all visitation end of life)	excep	ot when essential for resident's medical care or for compassionate care (e.g.,		
		ors for	fever and respiratory symptoms upon entry to the facility, provide them with a		
-			rm hand hygiene, and restrict them to the room of their family member.		
			sonnel including volunteers and non-essential consultants (e.g., barbers) from		
	facility.	÷.,	· · · · · · · · · · · · · · · · · · ·		
	Post signs at entrance	es adv	ising that no visitors may enter the facility.		
	Inform family member	s abo	ut visitor restriction. Example letter		
			s for visitation (e.g., video conferencing).		
	Keep residents and fa		s of visitation (c.g., viaco contereneing).		
	Reep residents and la		with PPE and nursing carts common areas	Il disponsore	
	Ore call a service all dis		Stock all sinks with soap and towels and ensure a system to restock on a regular b		
	Cancel communal din		Ensure EPA-registered, hospital-grade disinfectant is used. Environmental services		
	increase space betwe Cancel other activity t		thorough daily cleaning, and more frequent cleaning of high-touch surfaces in patie		
	(e.g.: physical therapy		areas. EPA List N includes products for use against the virus that causes COVID-		
	Provide activities on o		Ensure shared non-dedicated equipment (e.g., pulse oximeter, rolling BP cuff) is di	sinfected after each	
	FIGVICE ACTIVITIES OF C		patient use according to manufacturer's recommendations. Ensure disinfection wip	es are accessible.	
-	Facility has provided		Mask use and source control		
	facility is doing to kee		All staff with resident interaction will wear a facemask while in the facility.		
	Assesses all residents		All residents able to comply should cover their noses and mouths with tissue or clo	th when staff are in	
	Have a low threshold		their rooms to provide care.		
-	Isolate and closely me		Residents who regularly leave the facility to receive dialysis or other services will w	ear a facemask when	
	have COVID-19, for s		outside of their rooms, including to go to dialysis, unless a mask is not tolerated.		
	Trave COVID-19, IOI S		Testing residents and staff suspected of having COVID-19 Residents or staff with symptoms consistent with COVID-19 are prioritized for testing		
	Provide ongoing staff			iy.	
	 COVID-19 (e.g) 		Call your local health Department immediately to obtain swabs for testing.		
	 Sick leave pol 		More extensive testing can be considered in consultation with the health department		
	 Adherence to 		Taking care of residents with suspected or confirmed COVID-		
	Screen all staff at the		For care of residents with suspect or confirmed COVID-19, facility uses the following		
	If found to be ill, put a		(1) N95 respirator if available (airborne protection) or facemask (droplet protect (2) eve protection (goggles or face shield)	ion)	
	2 T		(3) gloves		
	Maintain a list of symp		(4) gown		
	To the extent possible	Residents with confirmed or suspected COVID-19 must wear a mask (cloth mask is acceptable for			
	To the extent possible		resident use) when staff enter their room, unless a mask is not tolerated.		
	memory care units an		Post signs on the residents' doors indicating specific PPE needed to enter the roon	n. See examples:	
	Set up break rooms/s		contact precautions, droplet precautions, airborne precautions		
	ersonal protective equ		Needed PPE, hand hygiene supplies, and disinfection wipes available at the door t	o the resident's room.	
	Inventory currently av		Trash can available inside the room near the exit to discard doffed PPE.		
	eye protection (goggle		If able, use the same level of PPE listed above for care of all residents on the same		
	clean reusable equipr		suspected/confirmed COVID-19 resident. Use PPE conservation guidelines when i		
	Know how to order m	nd residents ne Roommates of COVID-19 confirmed cases are considered exposed and should be kept in a single room for 14 days if possible (not housed with an unexposed resident). If single rooms aren't available, pair			
	request from profession		exposed residents with other potentially-exposed residents, or someone else from		
	Review PPE optimiza		Keep other residents in their rooms as much as possible: this room restriction may		
			dementia or fall risk residents.		
	With your local/state I COVID-19. This may		Monitor residents at least once per shift. Monitoring must include assessing for II t	emp. Svmptoms* of	
	COVID-19. This may		COVID-19 infection, and a oxygen saturation; other vital signs, lung auscultation n		
	Increase availability o		This will help detect spread of infection more rapidly.	,	
	linside each patient's		When transferring ill residents, communicate with EMS and receiving hospital about	t possible COVID-19.	
L	Elliside cacil patient.		Notify the health department immediately about any of the following:		
			 COVID-19, suspected or confirmed, in a resident or staff 		
			 Increase in residents being transferred to the hospital for COVID-19 like-illn 	ess	
	 Increase in staff calling out sick for hospital for ILI 				
			 Increase in unexplained deaths or deaths from respiratory symptoms 		
		^ LON	g-term care residents with COVID-19 may not show typical symptoms such as fever toms. Atypical symptoms may include new or worsening malaise, attered mental sta	or respiratory	
			hea, or sore throat. Identification of any of these symptoms should prompt isolation a		
			OVID-19.	ina fandier evaluation	
				2 Page	
			Kansas		
	Napagar di Bah				
			and Environment		

Coronavirus Disease 2019 (COVID-19)

Infection Prevention and Control Preparation Guide for Long-Term Care and Other Residential Facilities in Kansas

April 27, 2020

Coronavirus Disease 2019 (COVID-19)

Response and Containment Guide for Long-Term Care and Other Residential Facilities in Kansas

April 28, 2020



Other resources:

Recorded webinars and training videos – created by CDC Preparedness tele-ICARs – offered by CDC Webinar/Q&A session – offered by CDC



Kara M. Jacobs Slifka, MD, MPH Long-term Care Team | Prevention & Response Branch

Division of Healthcare Quality Promotion

1. Keep COVID-19 from entering your facility

- Restrict all visitors except for compassionate care situations (e.g., end of life).
- Restrict all volunteers and non-essential healthcare personnel (HCP), including consultant services (e.g., barber, hairdresser).
- Implement universal use of source control for everyone in the facility.
- Actively screen anyone entering the building (HCP, ancillary staff, vendors, consultants) for fever and symptoms of COVID-19 before starting each shift; send ill personnel home.
- Cancel all field trips outside of the facility.



Universal facemask use = Use a facemask at work ALL the time

- People can spread the virus causing COVID-19 without having symptoms
- Source control = wearing a facemask to prevent spreading your germs, which protects residents and staff
- People who work in long-term care facilities can spread germs to residents, patients, and staff
- Facemasks can also protect you!





Use Your Facemask the Correct Way



- Make sure facemask covers your mouth and nose
- Remove facemask touching only the straps, store in paper bag

- Do not touch your facemask or face
- Do not wear your mask:
 - On the top of your head

DON'T:

- Around your neck
- Under your nose
- Do not store your mask on your arm or in your pocket



Check yourself – do NOT work when sick

- Check your temperature and report any symptoms at the start of your shift:
 - Cough

Headache

Change in smell or taste

- Sore throat
- Shortness of breath
 Chills
- Muscle aches
- If you have a fever (more than 100 degrees F) or get sick at work, go home immediately and self-isolate!

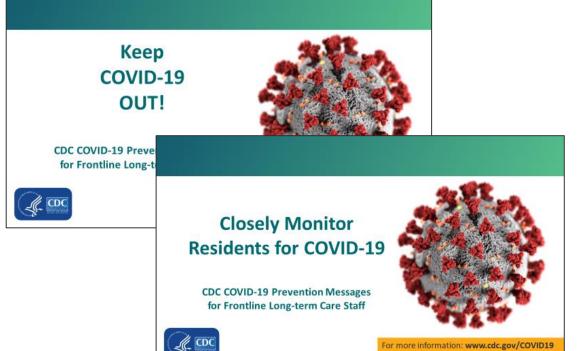






Educate Healthcare Personnel

- Provide information about COVID-19
- Emphasize:
 - Not working when sick, wearing facemask
 - Hand hygiene
 - Monitoring residents
 - Cleaning and disinfecting the environment
 - Selection and use of personal protective equipment (PPE) to keep yourself safe
- Education should be provide to direct care, ancillary services (e.g. environmental services) and external providers (e.g., wound care, laboratory services)
- Inform healthcare personnel if an individual in the facility tests positive for COVID-19





https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-strategies.html

2. Identify infections early

- You should take the residents' temperature daily
 - WARNING temperature = more than 100 degrees F
- Ask residents to report symptoms AND monitor for symptoms*:
 - New or different cough
 - Sore throat
 - Shortness of breath
 - Muscle aches
 - New or worsening discomfort or tiredness
 - Change in sense of smell or taste _
 - Diarrhea

*Older adults may not show typical symptoms

FEVER





- Chills
- Headache
- New dizziness
- Confusion

Notify the Health Department

- Notify the health department about <u>residents with severe respiratory infection</u> and <u>clusters</u> (per local protocol or 3 or more residents or HCP with symptoms within 72 hours) of respiratory infection.
- Notify the health department if, based on evaluation of the resident or prevalence in the community, COVID-19 is suspected.
- Know your local and state health department point of contacts:
 - Contact information for the healthcare-associated infections program in each state health department is available here: <u>https://www.cdc.gov/hai/state-based/index.html</u>



3. Prevent Spread of COVID-19

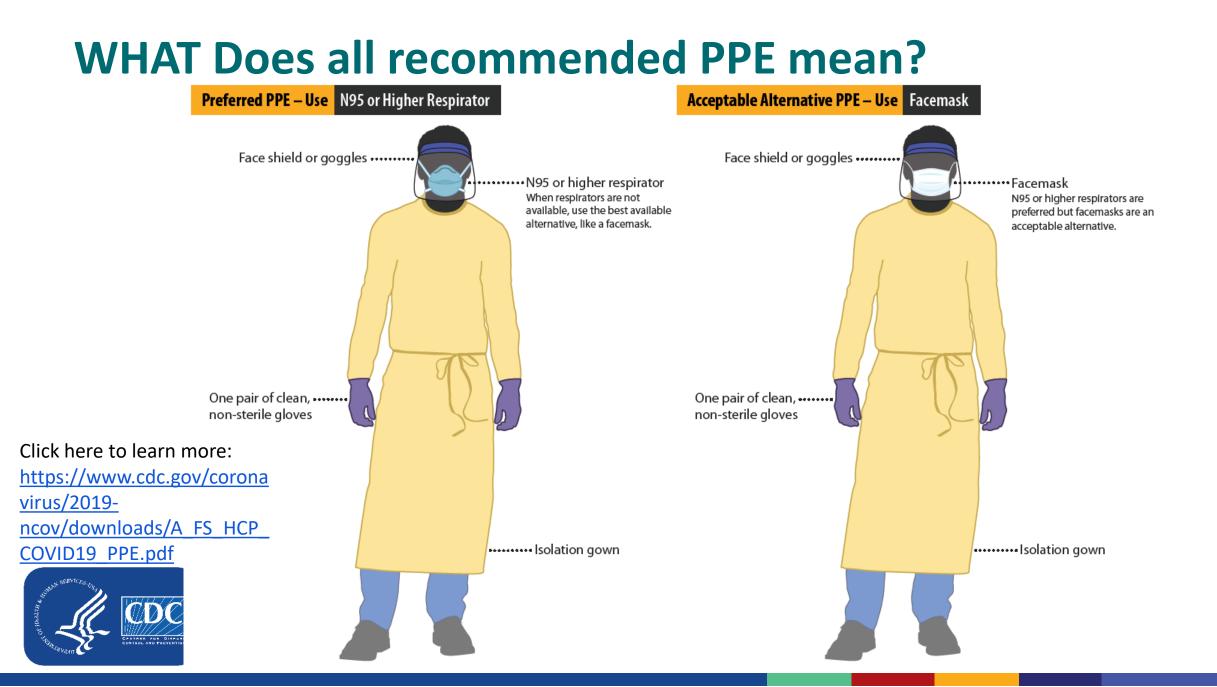
- Enforce social distancing among residents (stay 6 feet apart)
- Cancel all group activities and communal dining
- Residents should wear a cloth face covering when they leave their room or are around others, if tolerated
- Ensure HCP wear a facemask at all times in the building (or cloth face covering if not within 6 feet of residents)
- Long-term care staff should also practice social distancing, including in breakrooms or other common areas

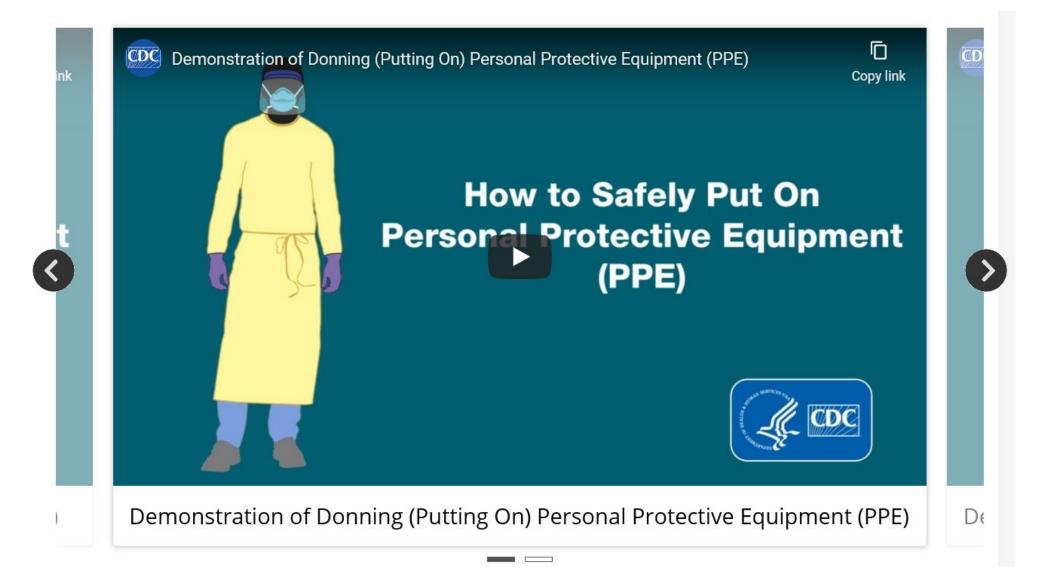


If COVID-19 is identified in the facility:

- Immediately restrict all residents to their rooms
- Have HCP wear all recommended PPE for all resident care, regardless of the presence of symptoms* in the affected unit (or facility-wide)
- Notify staff, residents and families that an individual in the facility tested positive for COVID-19.
- Notify public health to help inform decisions about testing additional staff or residents on the unit and in the facility.







THE REPORT OF THE PARTY OF THE

https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html

Provide PPE and Cleaning Products



- Hand hygiene supplies:
 - Put alcohol-based hand sanitizer (ABHS) with 60-95% alcohol inside and outside every resident room.
 - Put ABHS in other resident care and common areas (e.g., outside dining hall, in therapy gym).
 - Make sure that sinks are well-stocked with soap and paper towels for handwashing.
- Environmental cleaning and disinfection:
 - Make sure HCPs have access to EPA-registered, hospital-grade disinfectants* to allow for frequent cleaning of high-touch surfaces and shared resident care equipment.
 - Develop a schedule for regular cleaning and disinfection of shared equipment,
 frequently touched surfaces



*Refer to the EPA-website for a list of Disinfectants (List N) for Use Against SARS-CoV-2: <u>https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2</u>

4. Assess Supply of Personal Protective Equipment (PPE) and optimize supply

- How many days supply does the facility have of each type of PPE and alcohol-based hand sanitizer (ABHS)?
- Report PPE Shortages:
 - If your facility is concerned about a potential or imminent shortage of PPE, alert your state/local health department who can engage your local healthcare coalition, as they are best positioned to help facilities troubleshoot through temporary shortages.
 - Link to identifying your state HAI coordinator: <u>https://www.cdc.gov/hai/state-based/index.html</u>
 - Link to healthcare coalition/preparedness:

https://www.phe.gov/Preparedness/planning/hpp/Pages/find-hc-



<u>coalition.aspx</u>

Ways to Conserve PPE to Avoid Running Out

- *Gloves*: should be worn for any contact with the resident or their environment
- Gowns: should be prioritized for activities where splashes and sprays are anticipated or highcontact resident-care activities
 - Dressing, bathing/showering, transferring, providing hygiene, changing linens, changing briefs or assisting with toileting, device care or use, wound care
- "Extended Use" of eye protection, N95 respirator, and facemask: extended use means these
 items are worn for the care of multiple patients without removing them
 - Prioritize N95 during shortages for high-risk activities (like aerosol-generating procedures)
- Personnel who do not interact with residents (<u>do not</u> come within 6 feet of them) or who do not clean patient environments or equipment, do not need to wear PPE except as part of universal masking



5. Identify and Manage Severe Illness

- Maintain a list of all ill residents
- Facility performs appropriate monitoring of ill residents (including documentation of oxygen saturation via pulse oximetry) at least 3 times daily to quickly identify residents who require a higher level of care.
- Should a resident require a higher level of care, the receiving facility, EMS and transport service personnel, and the health department should be notified.
- Designate a location to care for residents with suspected or confirmed COVID-19, separate from other residents



Dedicate Space in the Facility to Monitor and Care for Residents with COVID-19

- Dedicate a space in the facility to care for residents with confirmed COVID-19:
 - This could be a floor, unit, or wing in the facility or a group of rooms at the end of a unit
 - Assign dedicated HCP to work only in this area of the facility
 - Create a plan for how residents who develop COVID-19 will be handled
 - Closely monitor roommates who may have been exposed avoid placing unexposed residents into a share space with exposed residents
- Create a plan for managing new admissions and readmissions whose COVID-19 status is unknown (observation area)
- All recommended PPE should be worn during care of residents under



observation

Preparing for COVID-19: Long-term Care Facilities, **Nursing Homes**

Print Page

What's New	On This I
Key Strategies to Prepare for COVID-19 in Long-term Care Facilities (LTCFs)	Interim G Homes
COVID-19 cases have been reported in all 50 states, the District of Columbia, and multiple U.S. territories; many having wide-spread community transmission. Given the high risk of spread once COVID-19 enters a LTCF, facilities must act immediately to protect residents, families, and staff from	

Page Guidance for Nursing

und

acilities Should Do Now

here Are Cases in the

Respirator: A respirator is a personal protective device that is worn on the face, covers at least the nos and is used to reduce the wearer's risk of inhaling hazardous airborne particles (including dust particles agents), gases, or vapors. Respirators are certified by the CDC/NIOSH, including those intended for use

Additional Resources Recorded webinar, Preparing Nursing Homes and Assisted Living Facilities for COVID-19 Long-term Care Facility Letter 📙 [1 page] to Residents, Families, Friends and Volunteers COVID-19 Hospital Preparedness Checklist, including long-term acute care hospitals Interim Infection Prevention and Control Recommendations for Patients with Confirmed COVID-19 or Investigation for COVID-19 in Healthcare Settings Strategies to Prevent the Spread of COVID-19 in Long-Term Care Facilities CMS Emergency Preparedness & Response Operations

Content source: National Center for Immunization and Respiratory Diseases (NCIRD), Div

- For additional long-term care infection prevention guidance: https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-longterm-care-facilities.html
- Key Strategies to Prepare for COVID-19 in Long-term Care Facilities: https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care-strategies.html
- Long-term Care COVID-19 Preparedness Checklist: https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-carefacilities.html#checklist
- Long-term Care template letter for residents and families: <u>https://www.cdc.gov/coronavirus/2019-ncov/downloads/healthcare-facilities/Long-Term-</u> Care-letter.pdf
- Surveillance tool for respiratory infections: https://www.cdc.gov/longtermcare/pdfs/LTC-Resp-OutbreakResources-P.pdf'





KDHE COVID-19 Resource Center

https://www.coronavirus.kdheks.gov/

https://www.coronavirus.kdheks.gov/170/Healthcare-Providers

https://www.coronavirus.kdheks.gov/237/Long-Term-Care

CDC COVID-19

https://www.cdc.gov/coronavirus/2019-ncov/index.html

https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html



KDHE 24/7 Epidemiology Hotline Phone 877-427-7317 | Fax 877-427-7318





THANK YOU.

Frontline healthcare workers for keeping Kansas going in these uncertain times.



Bryna Stacey, MPH, BSN, RN, CIC HAIR/AR Program Director Phone 785-296-4090 | Email Bryna.Stacey@ks.gov

Robert Geist, MPH, CIC, FAPIC HAI Advanced Epidemiologist Phone 785-296-4202 | Email <u>Robert.Geist@ks.gov</u>

Justin Blanding, MPH AR Advanced Epidemiologist Phone 785-296-1242 | Email Justin.Blanding@ks.gov

> Kellie Wark, MD, MPH AR/AS Expert Email Kellie.Wark@ks.gov