Implementation Self-Assessment, Kansas Tobacco Guideline for Behavioral Health Care

This self-assessment invites you to:

- Estimate the extent to which/Describe how your program is implementing each of the 12 steps of the guideline
- Provide evidence of your efforts to implement each aspect of the guideline

Evidence can include data from your treatment records, staff reports, patient reports, written policies or protocols, training certificates, or any printed materials you may have developed to support that aspect of care.

Promoting wellness by integrating evidence-based tobacco treatment into routine clinical practice

1. Assess tobacco use regularly and provide tobacco treatment until quit attempts are successful

Step 1a. Our program has assessed tobacco use status among the following percentage of our consumers/clients:

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90% - 100%)</td>
</tr>
</tbody>
</table>

Evidence for level of implementation. Please provide details on how this was measured. This may include actual data/descriptions of which clients are assessed, how often they are assessed, who conducts assessment:

☐ We would like technical assistance in assessing this item

2. Provide psychosocial treatment within whole person and behavioral health care systems

Step 2a. Our program has provided individual counseling, group counseling, or other behavioral support for tobacco treatment among the following percentage of our consumers/clients who use tobacco:

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90% - 100%)</td>
</tr>
</tbody>
</table>

Evidence for level of implementation. Please provide details on how this was measured. This may include actual data/descriptions of what kinds of in-house, external support services clients are referred to:

☐ We would like technical assistance in assessing this item
3. Provide cessation medications and ensure access without barriers through state Medicaid and other third party payers

3a. Our program has facilitated access to tobacco treatment medication among the following percentage of our consumers/clients who use tobacco:

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90%-100%)</td>
</tr>
</tbody>
</table>

Evidence for level of implementation. Please provide details on how this was measured. This may include actual data/descriptions of how medications were facilitated (i.e., medications could be provided on site, they could be prescribed on site, clients could be referred to an on-site prescriber or referred to off-site prescriber):

☐ We would like technical assistance in assessing this item

4. Integrate tobacco treatment into assessment, treatment planning, and implementation

4a. Our program has integrated goals for tobacco into the treatment plans of the following percentage of our consumers/clients who use tobacco:

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90%-100%)</td>
</tr>
</tbody>
</table>

Evidence for level of implementation. Please provide details on how this was measured:

☐ We would like technical assistance in assessing this item

5. Incorporate tobacco treatment into other ongoing efforts toward wellness and recovery

5a. Our program has integrated tobacco into broader wellness/recovery initiatives:

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not yet implemented</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neither agree nor disagree</td>
<td>Agree</td>
<td>Strongly agree</td>
</tr>
</tbody>
</table>
Evidence for level of implementation. Please provide details on how you have integrated tobacco into wellness and recovery policies/programs/practices:

☐ We would like technical assistance in assessing this item

6. Conduct quality improvement to define outcomes, monitor progress and improve tobacco treatment services

6a. Our program makes efforts to evaluate and improve the quality and extent of tobacco treatment:

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not yet implemented</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neither agree nor disagree</td>
<td>Agree</td>
<td>Strongly agree</td>
</tr>
</tbody>
</table>

Evidence for level of implementation. Please provide details on how you have integrated tobacco into wellness and recovery policies/programs/practices:

☐ We would like technical assistance in assessing this item

**Building staff capacity to provide care**

7. Train staff how to treat and/or prevent tobacco dependence

7a. What percentage of your staff has received training specifically in how to treat tobacco dependence?

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90%-100%)</td>
</tr>
</tbody>
</table>

Evidence of staff training (numbers attending, types of trainings). These can include the Brief Tobacco Intervention (kstobaccointervention.org), Tobacco Treatment Specialist training (http://cttp.org/wp-content/uploads/2015/06/What-is-a-TTS-2011_12_1.pdf), OR other trainings. Copies of training materials are welcome.

8. Bill for reimbursement and utilize other resources to pay for tobacco treatment

8a. Our program has billed for, or obtains other resources, to pay for tobacco treatment among the following percentage of our current consumers/clients who use tobacco:

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not yet implemented</td>
<td>Few (10% or less)</td>
<td>Some (~25%)</td>
<td>About half (~50%)</td>
<td>Many (~75%)</td>
<td>Nearly all (90%-100%)</td>
</tr>
</tbody>
</table>
Evidence of reimbursement or other resources leveraged/obtained for tobacco treatment:

☐ We would like technical assistance in assessing this item

9. Help staff who use tobacco to access evidence-based treatment for tobacco dependence

9a. Program staff who use tobacco have easy access to free/low cost tobacco cessation medications and behavioral support:

Not yet implemented 1 Strongly disagree 2 Disagree 3 Neither agree nor disagree 4 Agree 5 Strongly agree

Evidence for staff resources for quitting:

☐ We would like technical assistance in assessing this item

Adopting a tobacco-free environment

10. Enact a comprehensive tobacco free policy that includes buildings, vehicles, grounds and expectations for staff, visitors and clients

10a. What best describes where client tobacco use is permitted at your facility?

Don’t know/not sure 1 Tobacco use is permitted in all indoor/outdoor areas 2 Tobacco use is permitted outdoors and in restricted indoor areas 3 Tobacco use is permitted outdoors but prohibited in all indoor areas 4 Tobacco use is permitted in restricted outdoor areas but prohibited in all indoor areas 5 Tobacco use is prohibited on all grounds and in all indoor areas

Please provide details. A copy of the policy is welcome. For example, does your facility have a written policy, or does it simply follow the Kansas Indoor Clean Air Act? Describe any specifics of your policy that differ from the above options. Describe evidence for policy adoption, implementation, and enforcement:

☐ We would like technical assistance in assessing this item
10b. What best describes where client tobacco use is permitted at your facility?

- 0 We have no policy
- 1 Tobacco use is permitted in all indoor/outdoor areas
- 2 Tobacco use is permitted outdoors and in restricted indoor areas
- 3 Tobacco use is permitted outdoors but prohibited in all indoor areas
- 4 Tobacco use is permitted in restricted outdoor areas but prohibited in all indoor areas
- 5 Tobacco use is prohibited on all grounds and in all indoor areas

Please provide details. A copy of the policy is welcome. For example, does your facility have a written policy, or does it simply follow the Kansas Indoor Clean Air Act? Describe any specifics of your policy that differ from the above options. Describe evidence for policy adoption, implementation, and enforcement:

☐ We would like technical assistance in assessing this item

Engaging in tobacco cessation and prevention efforts among youth

11. Provide and/or support tobacco treatment for youth and young adults, especially high-risk youth and/or those in treatment for other conditions

11a. Our program provides and or supports tobacco treatment to help youth/young adults quit while they’re still young:

- 0 Not yet implemented
- 1 Strongly disagree
- 2 Disagree
- 3 Neither agree nor disagree
- 4 Agree
- 5 Strongly agree

Evidence for level of implementation:

☐ We would like technical assistance in assessing this item

12. Conduct and/or support tobacco prevention efforts and policies such as Tobacco “21”, school programs, community-based programs, disseminating messages to promote prevention, and other efforts

12a. Our program conducts or supports prevention efforts:
<table>
<thead>
<tr>
<th></th>
<th>Not yet implemented</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Neither agree nor disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
</table>

Evidence for level of implementation:

☐ We would like technical assistance in assessing this item