

**“KIDS NEED TO KNOW” IS A FAMILY-BASED SEXUALITY EDUCATION COURSE**

The family is the logical sexuality education source for young people. We believe that parents need and want to be involved in the sexuality education of their children, but often do not know what or how to teach them.

**HELPING PARENTS TO BE SEX EDUCATORS**

The Lawrence-Douglas County Health Department’s Family-Based Sexuality Education Course assists parents in their efforts to be the primary sexuality educators for their children. A parent attends each class with the child. The course goal is to facilitate family communication on the subject of sexuality.

**MORE THAN JUST “FACTS OF LIFE”**

Structured group activities encourage sharing of the parent’s and youth’s feelings and beliefs about sexuality. Exploring this essential aspect of sexuality is the special privilege of the family and provides the background against which the “facts” of sexuality can be applied.

**COURSE STRUCTURE**

**Parents’ Night:**

All courses begin with a “parents only” night during which curriculum and materials are discussed and any questions are answered.

**Weekly Sessions:**

After Parents’ Night the courses continue with weekly parent-child sessions for four more weeks. One parent accompanies the child to each class, which is approximately two hours in length.

Reproductive body parts and purposes, puberty, pregnancy, childbirth, and sexually transmitted diseases are discussed. Decision-making skills are emphasized.

Videos, games, and other interactive activities help make the classes fun and interesting.

**QUESTIONS**

For more information, call or email:  
Jaelyn Gifford  
843-3060  
fbs@ldchd.lawrence.ks.us

**COURSE FEE**

\$40.00 per parent-youth pair  
for the 5-session series

No one is denied participation because of inability to pay.

Scholarships are available by contacting either Nancy Jorn at the Health Department, 843-0721, or your school nurse.

**COURSE SIZE**

Minimum enrollment = 10 families  
Maximum enrollment = 15 families

The Health Department is an equal opportunity agency, which provides services without regard to race, color, religion, ancestry, national origin, sex, age or disability.

**REGISTRATION FORM**

Child’s Name \_\_\_\_\_

\_\_\_Boys’ Class starting Jan. 10

\_\_\_Boys’ Class starting April 1

\_\_\_Girls’ Class starting Jan. 8

\_\_\_Girls’ Class starting Feb. 14

Parent’s Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Please enclose fee of \$40 payable to Health Department.

Mail to: Health Department  
200 Maine, Suite B  
Lawrence, KS 66044-1357

*Date received* \_\_\_\_\_

**How did you learn about this course?**

- \_\_\_ From another parent
- \_\_\_ Flier at school
- \_\_\_ Flier at the library
- \_\_\_ Through PTA/PTO
- \_\_\_ Newspaper
- \_\_\_ Health Department website
- \_\_\_ Other (Please specify) \_\_\_\_\_

### SPECIFIC COURSE INFORMATION

**Course for:** BOYS – 5<sup>th</sup> and 6<sup>th</sup> grades

Thursdays, January 10 – February 7

Tuesdays, April 1 – April 29

**Course for:** GIRLS – 5<sup>th</sup> and 6<sup>th</sup> grades

Tuesdays, January 8 – February 5

Thursdays, February 14 – March 13

**\*\*First session is for parents only.**

**Time:** 7:00 to 9:00 p.m.

**Place:** Community Health Facility  
200 Maine—2<sup>nd</sup> floor

**To enroll,** mail registration form and \$40 fee to the Health Department.

### COMMENTS FROM PAST COURSE PARTICIPANTS

“I was more comfortable than I thought I would be.”

“It has helped open doors of communication about a difficult subject.” (parent)

“It has made me think a little more about what I want – and deserve – out of a relationship.”

“I’m a little more normal than I thought.”

“Supplied facts in an understandable manner.” (parent)

“I found out I didn’t know it all.”

“Made me more comfortable talking with my parents about sex.”

“We had fun.”

“This class was very useful to learn more about your body, decisions to make in the future, and how to make them.”

## Family-Based Sexuality Education For 5<sup>th</sup> and 6<sup>th</sup> graders



**Offered by**

